# Natalie M. Costa, Ph.D.

Department of Psychology 2001 Geology & Psychology Building Lakefront Campus, 2000 Lakeshore Dr. New Orleans, LA 70148 504.338.6745 ncosta@uno.edu

### **Current Job Title**

2010	Adjunct Professor	University of New Orleans
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### **Education and Training**

2009	<b>Research Scientist</b>	Virginia Tech, Child Study Center
2007	Post Doc	Virginia Tech, Child Study Center
2007	Ph.D.	University of New Orleans, Applied Developmental
		Psychology
2004	M.S.	University of New Orleans, Applied Developmental
		Psychology
2001	B.A.	University of New Orleans, Sociology

#### **Honors and Awards**

2008	Sigma Xi Post-doctoral Fellowship
2006-2007	American Psychological Foundation: Elizabeth Munsterberg
	Koppitz Child Psychology Graduate Fellowship
2005	Andrew S. Wensel Distinguished Graduate Student Award,
	University of New Orleans
2004-2006	Travel Award, Department of Psychology, University of New
	Orleans
2002	S. Thomas Elder Most Promising Undergraduate Researcher,
	University of New Orleans

# Publications

#### Peer Reviewed Journal Articles

- 1. Ollendick, T., Öst, L., Reuterskiöld, L., **Costa**, N. M. (in press). Comorbidity in youth with specific phobias: Impact of comorbidity on treatment outcome and the impact of treatment on comorbid disorders. *Behaviour Research and Therapy*
- 2. Pellerin, K., **Costa**, N. M., Weems, C., & Dalton, R. (in press). An examination of treatment completers and non-completers at a child and adolescent community mental health clinic. *Community Mental Health Journal*.
- 3. **Costa**, N. M., Weems, C. F., & Pina, A. (2009). Hurricane Katrina and youth anxiety: The role of perceived attachment beliefs and parenting behaviors. *Journal Anxiety Disorders*, *23*, 935-941.

- Alfano, C.A., Zakem, A., Costa, N. M., Taylor, L. K., & Weems, C. F. (2009). Sleep problems and their relation to cognitive factors, anxiety and depressive symptoms in children and adolescents. *Depression and Anxiety*, 26, 503-512.
- Taylor, L. K., Weems, C. F., Costa, N. M., & Carrión, V. G. (2009). Loss and the experience of emotional distress in childhood. *Journal of Loss and Trauma*, 14, 1-16.
- Ollendick, T. H., Öst, L., Reuterskiöld, L., Costa, N. M., Cederlund, R., Sirbu, C., Davis, T., Jarrett, M. (2009). One-session treatment of specific phobias in youth: A randomized clinical trial in the USA and Sweden. *Journal of Consulting and Clinical Psychology*, 77, 504-516.
- 7. Weems, C. F., Taylor, L., **Costa**, N. M., & Marks, A. (2009). Effect of a school based test anxiety intervention in ethnic minority youth exposed to Hurricane Katrina. *Journal of Applied Developmental Psychology*, *30*, 218-226.
- Pina, A., Villalta, I., Ortiz, C., Gottschall, A., Costa, N. M., & Weems, C. (2008). Social support, perceived discrimination, and coping as predictors of posttraumatic stress reactions in youth survivors of Hurricane Katrina. *Journal* of Clinical Child & Adolescent Psychology, 37, 564-574.
- Weems, C. F., Costa, N. M., Watts, S. E., Taylor L. K. & Cannon M. F. (2007). Cognitive errors, Anxiety sensitivity and anxiety control beliefs: Their unique and specific associations with childhood anxiety symptoms. *Behavior Modification*, *31*, 174-201.
- Weems, C. F., Pina, A. A., Costa, N. M., Watts, S. E., Taylor, L. E., & Cannon, M. F. (2007). Pre-disaster trait anxiety and negative affect predict posttraumatic stress in youth after hurricane Katrina. *Journal of Consulting and Clinical Psychology*, 75, 154-159.
- 11. Weems, C. F., Watts, S. E., Marsee, M. A., Taylor, L. E., Costa, N. M., Cannon, M. F., Carrion, V. G., & Pina, A. A., (2007). The psychosocial impact of Hurricane Katrina: Contextual differences in psychological symptoms, social support, and discrimination. *Behaviour Research and Therapy*, 45, 2295-2306.
- Costa, N. M. & Weems, C. F., Pellerin, K., & Dalton, R. (2006). Parenting stress: An examination of specificity to internalizing and externalizing symptoms. *Journal Of Psychopathology and Behavioral Assessment*, 28, 113-122.
- Costa, N. M., & Weems, C. F. (2005). Maternal and child anxiety: Do attachment beliefs or children's perceptions of maternal control mediate their association? *Social Development*, 14, 574-590.

- 14. Weems, C. F. & **Costa**, N. M. (2005). Developmental differences in the expression of childhood anxiety symptoms and fears. *Journal of the American Academy of Child and Adolescent Psychiatry*, 44, 656-653.
- 15. Weems, C. F., Zakem, A., Costa, N. M., Cannon M. F., & Watts, S. E. (2005). Physiological response and childhood anxiety: Association with symptoms of anxiety disorders and cognitive bias. *Journal of Clinical Child & Adolescent Psychology*, 34, 712-723.
- Weems, C. F., Dehon, C., Stickle, T. R., Costa, N. M., & Berman, S. L. (2005). A cross sectional evaluation of the factorial invariance of anxiety sensitivity in adolescents and adults. *Behavior Research and Therapy*, 43, 799-810.
- 17. Weems, C. F., **Costa**, N. M. Dehon, C., & Berman, S. L. (2004). Paul Tillich's theory of existential anxiety: A conceptual and empirical examination. *Anxiety, Stress and Coping*, *17*, 383-389.

#### **Book Chapters & Encyclopedic Entries**

- 18. Costa, N. M., Benoit, K. E., & Ollendick, T. H. (in press). Interpersonal Issues in Treating Children and Adolescents . In L. Horowitz & S. Strack (Eds.), *Handbook of Interpersonal Psychology: Theory, Research, Assessment, and Therapeutic Interventions*. West Sussex, England: John Wiley & Sons.
- Ollendick, T., Costa, N. M., & Benoit, K. (in press). Interpersonal processes and the anxiety disorders of childhood. In G. Beck (Ed.), *Interpersonal Processes in the Anxiety Disorders: Implications for Understanding Psychopathology and Treatment*. Washington DC, APA Books.
- Weems, C. F. & Costa, N. M. (2005). Facial screening. In M. Hersen (Ed.), Encyclopedia of Behavior Modification and Therapy Volume II. Sage Publications: Thousand Oaks, CA.
- Weems, C. F. & Costa, N. M. (2005). Positive practice. In M. Hersen (Ed.), Encyclopedia of Behavior Modification and Therapy Volume II. Sage Publications: Thousand Oaks, CA.
- 22. Weems, C. F. & Costa, N. M. (2005). Negative Practice. In M. Hersen (Ed.), Encyclopedia of Behavior Modification and Therapy Volume II. Sage Publications: Thousand Oaks, CA.
- 23. Weems, C. F. & **Costa**, N. M. (2005). Feedback. In M. Hersen (Ed.), *Encyclopedia* of *Behavior Modification and Therapy Volume II*. Sage Publications: Thousand Oaks, CA.

# **Under Review**

24. **Costa**, N. M., De Los Reyes, A., & Weems. C. (2010). The consistency of parentchild reporting discrepancies of child anxiety over time and across parents' reports of multiple children. *Cognitive Therapy and Research*.

# **Conference Presentations**

- Costa, N. M., De Los Reyes, A. & Weems, C. F. (November, 2009). <u>Parent-child</u> <u>informant discrepancies: Are they stable over time and across different parentchild pairs.</u> Poster to be presented at the annual Convention of Association for Behavioral and Cognitive Therapies, New York, NY.
- Austin, K., Costa, N. M., Ollendick, T. (November, 2009). <u>The moderating role of</u> <u>ADHD on the association between parenting stress and ODD symptoms</u>. Poster to be presented at the annual Convention of Association for Behavioral and Cognitive Therapies, New York, NY.
- Raishevich, N., **Costa**, N. M., & Ollendick, T. (November, 2009). <u>Phenomenology of clinic-referred youth with phobias and comorbid disorders: Behavioral correlates and parenting behavior.</u> Poster to be presented at the annual Convention of Association for Behavioral and Cognitive Therapies, New York, NY.
- Benoit, K. E., Costa, N. M., & Ollendick, T. H. (November, 2008). <u>Interpersonal difficulties in children with anxiety disorders, externalizing disorders, and their comorbid conditions</u>. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Weems, C., Taylor, L., Marks, A., Costa, N., Cannon, M., & Ramano, D. (November, 2008). Effect of a school-based test anxiety intervention in ethnic minority youth exposed to Hurricane Katrina. Poster presented at the annual Convention of Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Marks, A., Taylor, L., Cannon, M., Weems, C., & **Costa**, N. (November, 2008). <u>Social</u> <u>support and the link to post-disaster outcomes: Lifespan differences and age-</u> <u>appropriate responses among individuals exposed to Hurricane Katrina.</u> Poster presented at the annual Convention of Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Stadnick, N. A., Villalta, I. K., Gottschall, A. C., Pina, A. A., Ortiz, C. D., Costa, N. M., & Weems, C. F. (May, 2008). <u>Social support and coping but not discrimination</u> <u>predict Hurricane Katrina youths' reactions</u>. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Benoit, K. E., Wolff, J. C., Costa, N. M., & Ollendick, T. H. (March, 2008). <u>Peer</u> <u>difficulties in children with anxiety disorders, externalizing disorders, and comorbid</u> <u>conditions</u>. Poster presented at the annual Virginia Tech Graduate Student Assembly Research Symposium, Blacksburg, VA.

- Jarrett, M., Costa, N.M., & Ollendick, T. (March, 2008). <u>The effect of treatment for</u> <u>specific phobia on symptomatology in children with attention-deficit/hyperactivity</u> <u>disorder (ADHD) and anxiety.</u> Poster presented at the Anxiety Disorders Association of America, Savannah, Georgia.
- Weems, C. F., Taylor, L., Marks, A. & Costa, N. M. (March, 2008). <u>The impact of</u> <u>Hurricane Katrina on disadvantaged adolescents: A prospective study with results of</u> <u>a school based intervention</u>. Poster presented at the biennial meeting of Society for Research on Adolescence, Chicago, IL.
- **Costa**, N. M., Weems, C. F., & Pina, A. (November, 2007). <u>Hurricane Katrina and youth</u> <u>anxiety: What effects change in pre to post anxiety symptoms?</u> Poster presented at the Child and Adolescent Anxiety SIG at the annual Convention of Association for Behavioral and Cognitive Therapies.
- Taylor, L. K., Weems, C. F., Costa, N. M., Watts, S. E., Cannon, M. F., Piña, A. A., & Barrios, B (March, 2007) Predictors of post disaster emotional functioning in youth: <u>Preliminary results from a pre to post Hurricane Katrina study</u>. Poster presented at the biannual Society for Research in Child Development, Boston, MA.
- Weems, C. F., Watts, S. E., Marsee, M. A., Taylor, L. E., Costa, N. M., Cannon, M. F., Carrion, V. G., & Pina, A. A., (February, 2007). <u>Contextual differences in the</u> <u>psychosocial impact of Hurricane Katrina.</u> Poster presented at the annual meeting of South-Eastern Psychological Association, New Orleans, LA.
- Taylor, L. K., Costa, N. M., Watts, S. E., Cannon, M. F., Zakem, A. H. & Weems, C. F. (November, 2006). <u>Psychometric properties of the child PTSD</u> <u>checklist in a community sample of youth.</u> Poster presented at the annual Convention of Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Costa, N. M., Taylor, L. K., Cannon, M. F., Watts, S. E., Zakem, A. H. & Weems, C. F. (November, 2006). <u>A longitudinal investigation of the hypothesized</u> <u>risk factors of child anxiety</u>. Poster presented at the annual Convention of Association for Behavioral and Cognitive Therapies Chicago, IL.
- **Costa**, N. M., Taylor, L. K., Zakem, A., Watts, S. E., Cannon, M. F., Vu, Ph., & Weems, C.F. (August, 2006). <u>Correlates of child and adolescent anxious symptoms</u>. Poster presented at the annual Convention of American Psychological Association, New Orleans, LA
- Vu, P., Taylor, L. K., Cannon, M. F., Zakem, A., Watts, S. E., Costa, N. M., & Weems, C. F. (August, 2006). <u>Association between externalizing and internalizing symptoms</u> <u>and academic areas.</u> Poster presented at the annual Convention of American Psychological Association, New Orleans, LA.

- Zakem, A., Costa, N. M., Vu, P., Watts, S. E., Cannon, M. F., Taylor, L. K., & Weems, C.F. (August, 2006). <u>Sleep problems and their relation to anxiety and depression</u> <u>symptoms in youth.</u> Poster presented at the annual Convention of American Psychological Association, New Orleans, LA.
- Cannon, M. F., Watts, S. E., Taylor, L. K., Costa, N. M., & Weems, C. F. (November, 2005). <u>Associations among youth depressive symptoms, parenting behaviors, and attachment beliefs.</u> Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, Washington, DC.
- Taylor, L. K., Costa, N. M., Watts, S. E., Cannon, M. F., Weems, C. F., Adams, C. (November, 2005). <u>Self-reported traumas of children and adolescents: What</u> <u>constitutes A1 criteria of pediatric PTSD?</u> Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, Washington, DC.
- **Costa**, N. M., Cannon, M. F., Watts, S. E., Taylor, L. K., Vu, Ph., & Weems, C. F. (November, 2005). <u>Anxiety within the family: Associations between siblings' reports</u> <u>of anxiety.</u> Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, Washington, DC.
- **Costa**, N. M., Weems, C. F., Pellerin, K., & Dalton, R. (November, 2005). <u>Parenting</u> <u>stress and childhood psychopathology: Is there specificity to internalizing and</u> <u>externalizing psychopathology?</u> Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, Washington, DC.
- Weems, C. F., Costa, N. M., Watts, S. E., Cannon, M. F., Taylor, L. (May, 2005).
   <u>Developmental differences in the expression of childhood anxiety and phobic</u> <u>disorder symptoms.</u> Poster presented at the annual American Psychological Society, Los Angeles, CA.
- Watts, S., Costa, N. M., Cannon, M., Wacker, K., Vu, P. & Weems, C. (April, 2005). <u>Interpretive and judgment biases: Their association with childhood anxiety and</u> <u>depressive symptoms in a community sample.</u> Poster presented at the biannual Society for Research in Child Development, Atlanta, GA.
- **Costa**, N. M., Cannon, M., Watts, S., Zakem, A., Wacker, K., & Weems, C. (April, 2005). <u>Parent-child agreement on child anxiety and depressive symptoms: The effects</u> <u>of child's age and sex and parental psychopathology</u>. Poster presented at the biannual Society for Research in Child Development, Atlanta, GA.
- Weems, C. F., Costa, N. M., Zakem, A., Fabian, M., & Watts, S. (November, 2004). <u>Children's reasoning about anxiety sensations</u>. Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Watts, S., Costa, N. M., Menandez, O., Gibson, J., Fabian, M., & Weems, C. F.

(November, 2004). <u>Do types of cognitive errors distinguish anxiety and depression:</u> <u>Implications for the comorbidity of anxiety and depression in youth</u>. Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, New Orleans, LA.

- **Costa**, N. M., Watts, S., Vu, P., Wacker, K., & Weems, C. F. (November, 2004). <u>Parent</u> <u>and child anxiety: Do parenting behaviors and attachment beliefs mediate the</u> <u>association?</u> Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Cannon, M., Watts, S., Costa, N. M., Springer, S., & Weems, C. F. (November, 2004). <u>The specific and unique associations between anxiety, anxiety sensitivity, and</u> <u>depression: Testing two models of the relationship</u>. Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, New Orleans, LA.
- **Costa**, N. M., Weems, C. F., Pellerin, K., & Dalton, R. (March, 2004). <u>The role of parent-adolescent interactions on the association between parental anxiety and adolescent internalizing symptoms.</u> Poster presented at the biennial meeting of Society for Research on Adolescence, Baltimore, Maryland.
- **Costa**, N. M. & Weems, C. F. (March, 2004). <u>Gender differences and the association</u> <u>between relationship anxiety and depression in ethnic minority youth</u>. Poster presented at the biennial meeting of Society for Research on Adolescence, Baltimore, Maryland.
- Dehon, C., Costa, N. M., Weems, C. F., Stickle, T., & Berman, S. (November, 2003). <u>A</u> <u>cross-sectional evaluation of the factorial invariance of anxiety sensitivity in</u> <u>adolescents and adults</u>. Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, Boston, MA.
- Scaramella, L.V., Lovett, T., Costa, N., Sohr-Preston, S. (April, 2003). <u>Parenting and temperament reciprocities during toddler hood</u>. Poster presented at biennial meeting of Society for Research on Child Development, Tampa, FL.
- Weems, C. F., Costa, N. M., Ramirez, S. (March, 2003). <u>The conceptualization and assessment of existential anxiety</u>. Poster presented at annual meeting of South-Eastern Psychological Association, New Orleans, LA.
- Weems, C.F. & **Costa**, N.M. (November, 2002). <u>The phenomenology of panic in ethnic</u> <u>minority youth</u>. Poster presented at the annual Convention of Association for the Advancement of Behavior Therapy, Reno, Nevada.
- Keyes, A.W.; Costa, N. M.; Scaramella, L. V. (April, 2002). <u>A prospective examination of parenting continuities: The moderating role of perceived social support.</u> Poster presented at biennial meeting of Society for Research on Adolescence, New Orleans, LA.

Grants	
Title:	Hurricane Katrina and Youth Anxiety: The Moderating Role of Parental Anxiety, Attachment Beliefs, and Control
Role:	Principal Investigator
Source:	American Psychological Foundation: Elizabeth Munsterberg Koppitz
Source.	Child Psychology Graduate Fellowships
Total Cost:	\$20,000
Dates:	09/01/06 to 08/31/07
Summary:	The overall aim of the study involves investigating the moderating role of parental anxiety, attachment beliefs, and control on the effect of hurricane Katrina on youths' anxiety.
Title:	Hurricane Katrina and Youth Anxiety: The Moderating
	Role of Parental Anxiety, Attachment Beliefs, and Control
Role:	Principal Investigator
Source:	American Psychological Foundation: Elizabeth Munsterberg Koppitz Child Psychology Graduate Fellowships
Total Cost:	\$3,000 (Travel Award)
Dates:	07/01/06 to 10/01/07
Summary:	To attend a workshop at the 2006 APA Convention in New Orleans, LA in August related to the above grant. To present preliminary results from my grant at the 2006 ABCT convention. To present final analyses and findings at the 2007 APA Convention.
Title:	Louisiana State University System President's Hurricane Relief Fund
Total Cost:	\$500.00

Summary:	To help fund my doctoral studies in order to finish my doctoral degree
Summary:	To help fund my doctoral studies in order to finish my doctoral degree

### **Research Experience**

Project Manager, NIMH funded study, Mediators, Moderators, and Treatment Efficacy of Two Forms of Psychosocial Treatment for Oppositional Youth, Child Study Center, Virginia Tech, June 2007-present. Duties: Supervise the day-to-day running of the study, chair consensus meetings, train graduate students on assessment materials, interview methods, and clinical skills, train undergrad students on data entry, conduct interviews with parents and their children, set up SPSS files, cleaning and checking data files, conduct reliability checks on the diagnostic interview given for this study, manage graduate students research projects related to the study.

Supervisor: Dr. Thomas Ollendick

- Project Manager, NIMH funded study, Augment Treatment of Childhood Phobias, Child Study Center, Virginia Tech, June 2007-present. Duties: Supervise the dayto-day running of the study, chair consensus meetings, train graduate students on assessment materials, interview methods, and clinical skills, train undergrad students on data entry, conduct interviews with parents and their children, set up SPSS files, cleaning and checking data files, conduct reliability checks on the diagnostic interview given for this study, manage graduate students research projects related to the study.
  Supervisor: Dr. Thomas Ollendick
- Project Coordinator, NIMH funded Youth and Family Anxiety, Stress, and Phobia Laboratory, University of New Orleans, Department of Psychology, August 2002 to May 2007. Duties: Supervise the day-to-day running of the study including: recruiting subjects, maintaining the sample, scheduling interviews, conducting interviews with children between the ages of 6-17 and their parents, setting up SPSS data files, training and monitoring research assistants on interview methods and data entry techniques, cleaning and checking data files. Supervisor: Carl Weems, Ph.D.
- Project Coordinator, NIMH funded, The Toddlers of Teens Study, University of New Orleans, Department of Psychology, January 2002 to August 2002. Duties: Supervised the day-to-day running of the study, including: maintaining the sample, scheduling interviews with families and research assistants, tracking follow-up interviews, setting up data files, entering data, training research assistants to enter and check data, supervising research assistants, training the research assistants on coding methods for rating videotaped, behavioral temperament assessments of 12 to 24 month old children, conducting weekly meetings designed to clarify coding procedures and rules and monitor coder performance.

Supervisor: Laura Scaramella, Ph.D.

Research Assistant, University of New Orleans, Department of Psychology, January 2001 to December 2001. Duties: Data collection, data entry, descriptive data analysis for evaluation of mental health services to children and adolescents with psychiatric disorders and developmental disabilities. Supervisor: Timothy Stickle, Ph.D.

Research Assistant, NIMH funded, The Toddlers of Teens Study, University of New Orleans, Department of Psychology, March 2001 to January 2002.
Duties: Assisted in recruiting new subjects, interviewing 16 month old children and their mothers using standard interview protocols, entering collected data, coding videotaped parent-child interactions, assisting with preliminary data analysis, conducting literature searches, and assisting with manuscript

preparation. Supervisor: Laura Scaramella, Ph.D.

Research Assistant, University of New Orleans, Department of Psychology, May 2001 to August 2001. Duties: Administering questionnaires to elementary and middleschool children, entering and scoring the BASC (child and parent), scheduling, and organizational tasks. Supervisor: Persephanie Silverthorne, Ph.D.

*Research Assistant,* University of New Orleans, Department of Sociology, May 2000 to May 2001. Duties: Locating and obtaining data for a report to the Louisiana Department of Social Services, entering data for multiple years, calculating statistics with SPSS and Excel, converting data, analyzing data, verifying and documenting data, searching and locating reports, documents, and journal articles, and manuscript preparation. Supervisor: Alice Abel Kemp, Ph.D.

#### **Clinical Experience**

*Child Study Center*, Virginia Tech, Blacksburg, VA, June 2007 to present Duties: Administer one-session cognitive-behavioral therapy, with and without a parent component, for childhood phobias. Administer a one-hour Functional Analysis with child and/or parent while teaching psychoeduction. Administer a 3hour intensive treatment as either the child or parent therapist teaching cognitive re-structuring, approach and extinction behaviors, reinforcement skills, positive praise, and exposure activities. Follow up with parents through phone over the next month to assess progress.

Supervisor: Dr. Thomas Ollendick, Ph.D.

Pierre Capdeau Early College Charter High School, New Orleans, LA August 2006 to December 2006. Duties: Administer test anxiety screenings to approximately 100 9<sup>th</sup> grade students and target the students with the highest test anxiety for intervention. Administer a 5-session Test Anxiety Intervention to the students which included instructing the student to make a test anxiety hierarchy, coaching the students on relaxation techniques while approaching tasks related to their text anxiety, conducting in vivo exposures with the students, and administering a test anxiety post screening.

Supervisor: Carl Weems, Ph. D.

Jefferson Parish Human Services Authority, Child and Family Clinic, Metairie, LA, May 2005 to August 2005. Duties: Conduct weekly triage services for children/adolescents and their families with mental health problems. Responsible for administering a Psychosocial interview with parents and their children. Participate in weekly staffing and supervision meetings. Conduct mental health treatment services, such as individual cognitive-behavioral therapy, family

therapy, and supportive therapy, with children and their families. Supervisor: Karen Pellerin, Psy.D.

Anxiety Clinic, University of New Orleans, New Orleans, LA, August 2002 to May 2007. Duties: Recruit and screen children and adolescents between the ages of 6-17 for anxiety disorders and/or anxiety problems. Responsible for administering background interviews with parents, administering the Anxiety Disorder Interview Schedule (ADIS) to parents and children, and conducting feedback sessions with parents and children, which includes results of the ADIS, suggestions and techniques, and referral services. Conducts 12-week cognitivebehavioral parent-child dyadic therapy and has weekly supervision meetings. Supervisor: Carl Weems, Ph.D.

# **Teaching Experience**

University of New Orleans			
2010	Research Methodology		
2006-2007	Introductory Psychology (internet based) Introductory Psychology (classroom based)		
2002-2006	Co-Lecturer in Abnormal, Adolescent, Educational, Child, Statistics, and Developmental		

### **Committee Member for Master and undergraduate Honor Theses**

Kristy Benoit, Thesis title: The relationship between parenting style and childhood anxiety in an ethnically diverse South African sample (Defended April 2009)
Mimi Kelly, Undergraduate Honor Thesis title: Parental bonding and fear in Swedish and American children: A cross cultural analysis (Defended May 2008).

### **Professional and Honor Societies:**

Graduate Student President, University of New Orleans, Department of Psychology, 2005-2006 American Psychological Association Association for the Advancement of Behavior Therapy Society for Research on Adolescence Southeastern Psychological Association Psi Chi National Honor Society in Psychology Golden Key National Honor Society, 2001 Omicron Delta Kappa Honor Society, 2000 to 2001 Alpha Theta Epsilon Honor Society, 1999 to 2001

# Ad hoc Journal Reviewer

Child and Youth Care Forum Disasters: The Journal of Disaster Studies, Policy and Management Journal of the American Academy of Child and Adolescent Psychiatry Journal of Clinical Child and Adolescent Psychology Journal of Traumatic Stress Journal of Anxiety Disorders

#### **Professional References**

Paul Frick, Ph.D. University of New Orleans Department of Psychology Geology/Psychology Building Lakefront Campus 2000 Lakeshore Dr. New Orleans, LA 70148 540.280.6012 pfrick@uno.edu

Thomas Ollendick, Ph.D. Child Study Center Virginia Tech 460 Turner St., Suite 207 Blacksburg, VA 24060 540.231.6451 tho@vt.edu

Laura Scaramella, Ph.D. University of New Orleans Department of Psychology Geology/Psychology Building Lakefront Campus 2000 Lakeshore Dr. New Orleans, LA 70148 504.280.7481 Iscarame@uno.edu

Carl Weems, Ph.D. University of New Orleans Department of Psychology Geology/Psychology Building Lakefront Campus 2000 Lakeshore Dr. New Orleans, LA 70148 504.280.6772 <u>cweems@uno.edu</u>